

Virtual Sunday School Lesson

Moses: Let My People Go (Exodus 5-14)



Bible Verses (NIV):

Exodus 5:1-3

Afterwards Moses and Aaron went to Pharaoh and said, 'Thus says the Lord, the God of Israel, "Let my people go, so that they may celebrate a festival to me in the wilderness."' But Pharaoh said, 'Who is the Lord, that I should heed him and let Israel go? I do not know the Lord, and I will not let Israel go.' Then they said, 'The God of the Hebrews has revealed himself to us; let us go a three days' journey into the wilderness to sacrifice to the Lord our God, or he will fall upon us with pestilence or sword.'

Exodus 7: 14-16, 20-22 (1st plague: Blood water)

Then the Lord said to Moses, 'Pharaoh's heart is hardened; he refuses to let the people go. Go to Pharaoh in the morning, as he is going out to the water; stand by at the river bank to meet him, and take in your hand the staff that was turned into a snake. Say to him, "The Lord, the God of the Hebrews, sent me to you to say, 'Let my people go, so that they may worship me in the wilderness.'

Moses and Aaron did just as the Lord commanded. In the sight of Pharaoh and of his officials he lifted up the staff and struck the water in the river, and all the water in the river was turned into blood, and the fish in the river died. The river stank so that the Egyptians could not drink its water, and there was blood throughout the whole land of Egypt. But the magicians of Egypt did the same by their secret arts; so Pharaoh's heart remained hardened, and he would not listen to them, as the Lord had said.

Exodus 8: 1-2, 6, 15 (2nd plague: Frogs)

Then the Lord said to Moses, 'Go to Pharaoh and say to him, "Thus says the Lord: Let my people go, so that they may worship me. If you refuse to let them go, I will plague your whole country with frogs.

So Aaron stretched out his hand over the waters of Egypt; and the frogs came up and covered the land of Egypt.

But when Pharaoh saw that there was a respite, he hardened his heart, and would not listen to them, just as the Lord had said.

Exodus 8: 16-19 (3rd plague: Gnats)

Then the Lord said to Moses, 'Say to Aaron, "Stretch out your staff and strike the dust of the earth, so that it may become gnats throughout the whole land of Egypt."' And they did so; Aaron stretched out his hand with his staff and struck the dust of the earth, and gnats came on humans and animals alike; all the dust of the earth turned into gnats throughout the whole land of Egypt. The magicians tried to produce gnats by their secret arts, but they could not. There were gnats on both humans and animals. And the magicians said to Pharaoh, 'This is the finger of God!' But Pharaoh's heart was hardened, and he would not listen to them, just as the Lord had said.

Exodus 8: 20-21, 24 (4th Plague: Flies)

Then the Lord said to Moses, 'Rise early in the morning and present yourself before Pharaoh, as he goes out to the water, and say to him, "Thus says the Lord: Let my people go, so that they may worship me. For if you will not let my people go, I will send swarms of flies on you, your officials, and your people, and into your houses;

The Lord did so, and great swarms of flies came into the house of Pharaoh and into his officials' houses; in all of Egypt the land was ruined because of the flies.

Exodus 9: 1-3, 7 (5th plague: Pestilence)

Then the Lord said to Moses, 'Go to Pharaoh, and say to him, "Thus says the Lord, the God of the Hebrews: Let my people go, so that they may worship me. For if you refuse to let them go and still hold them, the hand of the Lord will strike with a deadly pestilence your livestock in the field: the horses, the donkeys, the camels, the herds, and the flocks.

Pharaoh inquired and found that not one of the livestock of the Israelites was dead. But the heart of Pharaoh was hardened, and he would not let the people go.

Exodus 9: 8-10 (6th plague)

Then the Lord said to Moses and Aaron, 'Take handfuls of soot from the kiln, and let Moses throw it in the air in the sight of Pharaoh. It shall become fine dust all over the land of Egypt, and shall cause festering boils on humans and animals throughout the whole land of Egypt.' So they took soot from the kiln, and stood before Pharaoh, and Moses threw it in the air, and it caused festering boils on humans and animals

Exodus 9:22-23 (7th plague)

The Lord said to Moses, 'Stretch out your hand towards heaven so that hail may fall on the whole land of Egypt, on humans and animals and all the plants of the field in the land of Egypt.' Then Moses stretched out his staff towards heaven, and the Lord sent thunder and hail, and fire came down on the earth. And the Lord rained hail on the land of Egypt;

Exodus 10: 3-4, 13-14 (8th plague)

So Moses and Aaron went to Pharaoh, and said to him, 'Thus says the Lord, the God of the Hebrews, "How long will you refuse to humble yourself before me? Let my people go, so that they may worship me. For if you refuse to let my people go, tomorrow I will bring locusts into your country.

So Moses stretched out his staff over the land of Egypt, and the Lord brought an east wind upon the land all that day and all that night; when morning came, the east wind had brought the locusts. The locusts came upon all the land of Egypt and settled on the whole country of Egypt, such a dense swarm of locusts as had never been before, nor ever shall be again.

Exodus 10: 21-22 (9th plague: darkness)

Then the Lord said to Moses, 'Stretch out your hand towards heaven so that there may be darkness over the land of Egypt, a darkness that can be felt.' So Moses stretched out his hand towards heaven, and there was dense darkness in all the land of Egypt for three days.

Exodus 11:1, 4-6 (Final Plague: death of 1st born)

The Lord said to Moses, 'I will bring one more plague upon Pharaoh and upon Egypt; afterwards he will let you go from here; indeed, when he lets you go, he will drive you away.

Moses said, 'Thus says the Lord: About midnight I will go out through Egypt. Every firstborn in the land of Egypt shall die, from the firstborn of Pharaoh who sits on his throne to the firstborn of the female slave who is behind the handmill, and all the firstborn of the livestock. Then there will be a loud cry throughout the whole land of Egypt, such as has never been nor will ever be again.

Exodus 12: 1-4, 7-8, 11-13; 13:29-32 (The first Passover)

The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take

a lamb for each family, a lamb for each household. 4If a household is too small for a whole lamb, it shall join its closest neighbour in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it.

They shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it. 8They shall eat the lamb that same night; they shall eat it roasted over the fire with unleavened bread and bitter herbs.

It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgements: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

At midnight the Lord struck down all the firstborn in the land of Egypt, from the firstborn of Pharaoh who sat on his throne to the firstborn of the prisoner who was in the dungeon, and all the firstborn of the livestock. Pharaoh arose in the night, he and all his officials and all the Egyptians; and there was a loud cry in Egypt, for there was not a house without someone dead. Then he summoned Moses and Aaron in the night, and said, 'Rise up, go away from my people, both you and the Israelites! Go, worship the Lord, as you said. Take your flocks and your herds, as you said, and be gone. And bring a blessing on me too!'

Exodus 13: 17-18, 21-22 (God leads his people)

When Pharaoh let the people go, God did not lead them by way of the land of the Philistines, although that was nearer; for God thought, 'If the people face war, they may change their minds and return to Egypt.' So God led the people by the roundabout way of the wilderness towards the Red Sea.

The Lord went in front of them in a pillar of cloud by day, to lead them along the way, and in a pillar of fire by night, to give them light, so that they might travel by day and by night. Neither the pillar of cloud by day nor the pillar of fire by night left its place in front of the people.

Exodus 14: 5-7, 10-14, 21-32, (Crossing the Red Sea)

When the king of Egypt was told that the people had fled, the minds of Pharaoh and his officials were changed towards the people, and they said, 'What have we done, letting Israel leave our service?' So he had his chariot made ready, and took his army with him; he took six hundred picked chariots and all the other chariots of Egypt with officers over all of them.

As Pharaoh drew near, the Israelites looked back, and there were the Egyptians advancing on them. In great fear the Israelites cried out to the Lord. 11They said to Moses, 'Was it because there were no graves in Egypt that you have taken us away to die in the wilderness? What have you done to us, bringing us out of Egypt? 12Is this not the very thing we told you in Egypt, "Let us alone and let us serve the Egyptians"? For it would have been better for us to serve the Egyptians than to die in the wilderness.' 13But Moses said to the people, 'Do not be afraid, stand firm, and see the deliverance that the Lord will accomplish for you today; for the Egyptians whom you see today you shall never see again. The Lord will fight for you, and you have only to keep still.'

Then Moses stretched out his hand over the sea. The Lord drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. At the morning watch the Lord in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, 'Let us flee from the Israelites, for the Lord is fighting for them against Egypt.'

Then the Lord said to Moses, 'Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.' So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the Lord tossed the Egyptians into the sea. The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of

them remained. But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left.

Thus the Lord saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. Israel saw the great work that the Lord did against the Egyptians. So the people feared the Lord and believed in the Lord and in his servant Moses.

Activity: Let My People Go Banner

Theme: We proclaim God’s awesome power

Supplies: Bristol Board, crayons/markers, stickers

Lesson:

Read the verses, or show the videos, then on the full width of the Bristol board, write “Let My People Go!” Have the children draw pictures of what showed God’s power in the story (locus, red water, etc). Encourage them to be as creative as possible, filling the board with images of God’s awesome power.

Closing Prayer

Gracious Father; you are the God of power and might, look over us as you looked over your people so long ago.
Amen

Video: PursueGod Kids: Parting Red Sea <https://youtu.be/swkbiKkRv-c>

Continuation of the PGK series on Moses.

Duration: 3:58

Video: Bible in a Nutshell: 10 Plagues https://youtu.be/EI_iUxIBAiw

The 10 plagues of Egypt and the Exodus

Duration: 6:09

Craft: Plague Finger Puppets

Supplies: Scissors, Tape

Directions:

Print off a set for each child, measure each finger and tape the tab ends together so each puppet can slip on and off easily.





Water turned to Blood



Frogs



Boils



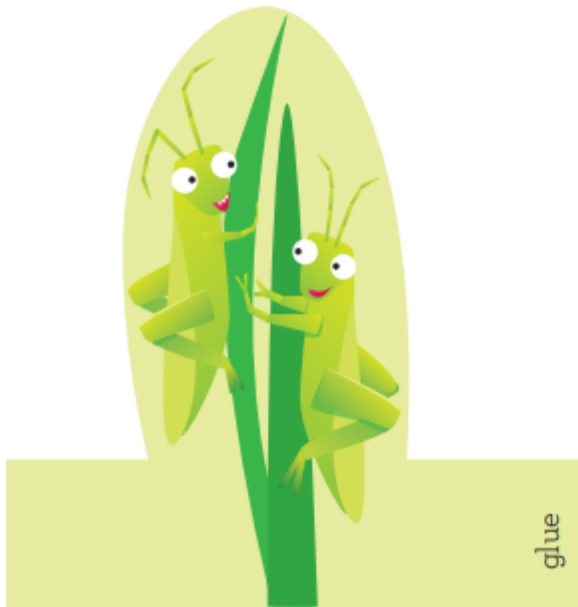
Flies



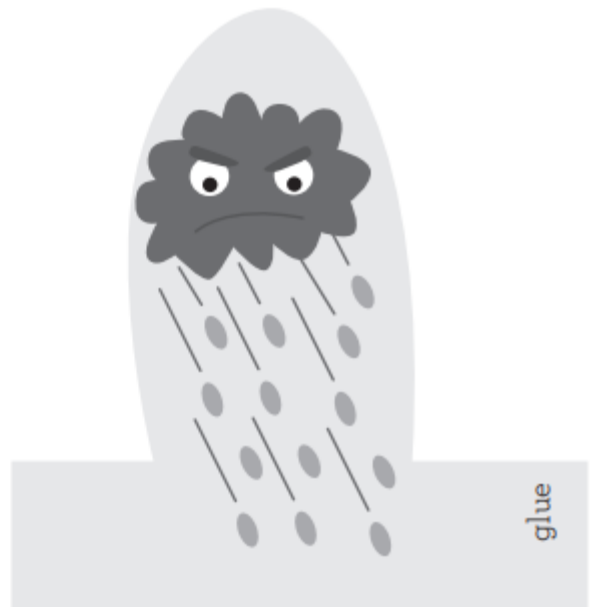
Darkness



Gnats/Lice



Locust



Hail



Death of Animals



Death of First Born son

Craft: Crossing the Red Sea

Supplies: Scissors, Tape/glue, tan cardstock, blue cardstock


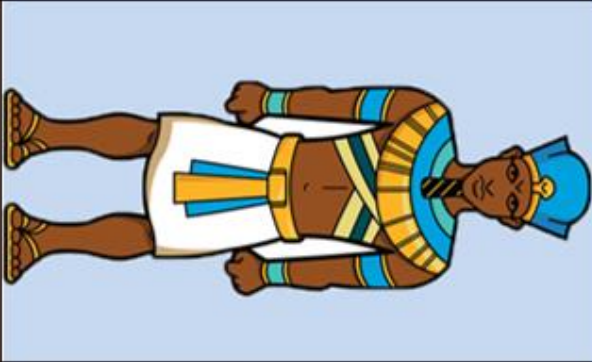


Directions:

Lay the tan cardstock down as the base and cut the blue cardstock lengthwise, approximately 2" wide strips. cut slits half way thru. Curl the slits side back to make waves, then glue/tape to the tan cardstock. Cut out the characters, keep the long rectangles joined. Fold in half and glue, then fold the two bottom tabs outward to create a base.

Place the characters between the waves.

Option: combine the plague puppets & characters to tell the story.



							
Moses	Pharaoh	Aaron	God's People				



Moses parts the Red Sea

Parting of the Red Sea

Find and circle the words.

T Y W E U J N W C I Z N X S S
 W T C B K L J P M O S E S V C
 U H P Z E Q U P D X S Z H R L
 X K A A Z V A C G S M E N K O
 F F R N Y T Q P H R Y L A T U
 X S C T D L D W W A O P Y D D
 I V D H F K D T A G R U S V B
 F D D R Y E S R T L A I N U D
 S V X Q Y F P A E B H J O D W
 N K T R U S T V R W B B X T S
 L L U E L S F E H K L Y P E S
 B A U U B A M L C E I H S T M
 S V R J J V F I G G P R T G P
 G W X M A E Y N S N O T I I V
 Z P T Y Y D A G O H L W Z K A

WATER	TRAVELING	GROUND	ARMY	CHARIOTS
DRY	SEA	SAVED	MOSES	HORSES
ANGEL	HAND	CLOUD	TRUST	ISRAEL

